

STILLPOINT

A PERSONAL RETREAT
MARCH 26-28, 2010

A gift of stillness
A weekend for renewal
A spacious & relaxed experience
A time for silent reflection & meditation
A rare opportunity for new perspectives
A time away from your daily routine
Lightly & mindfully guided by Glen Ivy staff
Adjacent to the Glen Ivy Hot Springs Spa

*The
Glen
Ivy
Center*

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Bill & Wendy Crosman
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Our sacred land, with its creek, hiking trails, labyrinth & organic gardens as well as the healing waters of adjacent Glen Ivy Hot Springs Spa, provide nourishment for your mind-body-spirit connection.

Check-in begins at 1 pm. The directed retreat experience begins at 7:30 pm on Friday, and concludes with lunch on Sunday.

Cost is \$250 which includes accommodations, meals, & two 1/2 price discount admission vouchers to the Glen Ivy Hot Springs Spa. A \$50 non-refundable deposit is required 3 weeks in advance.

For registration, information and directions, email wendycrosman@glenivy.org or see our website www.glenivy.org.