



For Spiritual Development and Personal Enrichment

September 2009 — June 2010

For Healthcare Professionals

***Rekindle the Spirit of Caring:
A Holistic Approach in
Stress Management**

October 6 • November 3 • January 12 • February 16



**Women and Mid-Life:
A Mosaic of Transitions**

October 28 • November 18 • March 24

Every Nurse a Leader

January 19 • March 2 • April 20

*MNA certified for contact hours

New Year's Eve Overnight

December 31, 2009—January 1, 2010

6:30 PM New Year's Eve —
9:30 AM New Year's Day



Open to All Retreatants:
Men, Women, Couples, Singles

**Hope, Health & Happiness
in the 21st Century:
The Basics of Stress Management**

October 13 • April 28
8:30am-3:00pm



Women Wisdom Circle

6:30—8:00 pm

The Third Thursday of Every Month

Pray All Ways

Come experience many forms of prayer to use
in your daily spiritual exercise

Sunday, October 4

1:00—7:00 pm

Programs For Couples

Evening of Prayer

November 17 • May 26

Weekend Valentine Retreat

February 12-14

Overnight Retreat

April 30-May 1

(Friday 6:30 pm — Saturday 7:00 pm)



**Sunday Afternoon
At The Movies!**

Living in Harmony With Creation

September 27 • November 15

January 24 • March 21

2:00 — 5:00 pm



Co-Sponsored by the

Dominican Center for Religious Development and
St. Paul of the Cross Passionist
Retreat & Conference Center

Midweek Days of Prayer

9:30am — 2:30pm

(9:00am Registration)

Fall October 14

Advent December 9 & 15

Lent February 17 (Ash Wednesday)

March 3 & 16



(Days open to individuals and parish groups)

**Finding our Focus: Advent Praying with
Body, Mind & Spirit!**

Saturday, December 5

9:30 am—3:30pm



Advent by Candlelight

Tuesday, December 8

6:30—9:30 pm